



ЕВРОПЕЙСКИ СЪЮЗ
ЕВРОПЕЙСКИ
СОЦИАЛЕН ФОНД



ОПЕРАТИВНА ПРОГРАМА
ДОБРО УПРАВЛЕНИЕ

СДРУЖЕНИЕ „ТАЦИТУС“



Проект: Открито и отговорно гражданско участие в процесите по изпълнение на политиките и законодателството, насочени към децата с увреждания



----- www.eufunds.bg -----

АДМИНИСТРАТИВЕН ДОГОВОР № BG05SFOP001-2.025-0214-C01

Проект „Открито и отговорно гражданско участие в процесите по изпълнение на политиките и законодателството, насочени към децата с увреждания“, финансиран от Оперативна програма „Добро управление“, съфинансирана от Европейския съюз чрез Европейския социален фонд.

DIR/Floortime®



МИНА ЛАМБОВСКИ

Registered Behavior Technician

Treatment and Education of Autistic and Related Communication Handicapped Children
(TEACCH)

Picture Exchange Communication System (PECS)

DIR 101 - Overview of the DIR® Model and Floortime® Principles

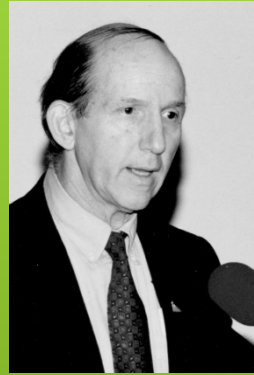
Basic anatomy and physiology

Occupational Therapy Assessment Course for School Aged

Tomatis® Consultant

Participated Successfully in using Sensory Integrative Approach with elements of
Sensory-Integrative Ayres Therapy SIAT®GSID®

Dr. Stanley Greenspan (June 1, 1941 – April 27, 2010)



- ▶ Clinical Professor of Psychiatry and Pediatrics at George Washington University Medical School
- ▶ Chairman of the Interdisciplinary Council on Developmental and Learning Disorders
- ▶ founding president of Zero to Three: The National Center for Infants, Toddlers and Families
- ▶ director of the NIMH Mental Health Study Center and the Clinical Infant Development Program.

DIR[®] / FLOORTIME

- ▶ Comprehensive framework of understanding
- ▶ Help client master the building blocks of relating, communicating, and thinking, rather than on symptoms alone
- ▶ D – Developmental milestones
- ▶ I – Individual Differences
- ▶ R – Relationship-based

D FOR DEVELOPMENT

- ▶ Understanding where your client is in emotional development is critical to planning a treatment program
- ▶ 6 Developmental Milestones
- ▶ Building blocks that serves as foundation for healthy emotional and intellectual growth.
- ▶ In typically developing client, we use all 6 levels at any one time simultaneously



I FOR INDIVIDUAL DIFFERENCES

- ▶ Each client is unique in how he experiences the world.
- ▶ Receiving and responding
- ▶ Sensory Profile is basic to development
- ▶ Inadequate processing mechanism can inhibit the client's ability to relate, communicate, and think.

R FOR RELATIONSHIP-BASED

- ▶ Building relationship with primary caregivers
- ▶ Floortime is a centerpiece of the DIR approach
- ▶ Floortime encourages parents and caregivers to tailor interactions with the client.
- ▶ Interactions consider the D and the I in order to gain more participation.

SIX CORE DEVELOPMENTAL LEVELS - LEVEL 1

- ▶ The first level is the *ability of regulation and shared attention*.
- ▶ Foundational to all aspects of development, including sensory processing and the bonding of the human relationship on an emotional level.

LEVEL 2

- ▶ Engagement with warmth and trust and intimacy

LEVEL 3

TWO WAY PURPOSEFUL COMMUNICATION

- ▶ Opening and closing circles of communication in a back and forth way with a lot of affective and micro-affective gesturing, smiles, smirks, head nods.
- ▶ The ability to take these gestures and organize them into problem solving patterns so we can actually take mommy by the hand, walk her to the refrigerator, bang on the door and point to the juice.
- ▶ This may involve 10 or 20 interactive gestures all targeted towards solving a problem.

LEVEL 4

INTERACTIVE PROBLEM SOLVING - *USE OF GESTURES IN A CONTINUOUS FLOW*

- ▶ Pretend Play
- ▶ Taking in different roles
- ▶ Perspective Taking
- ▶ Sequencing in play
- ▶ Having imaginary ideas
- ▶ Solving practical problems
with play partner

LEVEL 5

FUNCTIONAL USE OF IDEAS

SYMBOLIC THINKING

- ▶ Adding emotional themes to play
- ▶ Processing the meaning of different emotions
- ▶ Good guy, bad guy themes
- ▶ Deepening the plot of the play

LEVEL 6

BUILDING BRIDGES BETWEEN IDEAS

- ▶ Using language logically and realistically and shifting gears between reality and fantasy.
- ▶ Answering why questions
- ▶ Logical use of ideas supporting imaginative play and negotiating and problem solving with the world
- ▶ Debates, having problem solving discussions at the symbolic level.



ЕВРОПЕЙСКИ СЪЮЗ
ЕВРОПЕЙСКИ
СОЦИАЛЕН ФОНД



----- www.eufunds.bg -----

АДМИНИСТРАТИВЕН ДОГОВОР № BG05SFOP001-2.025-0214-C01

Проект „Открито и отговорно гражданско участие в процесите по изпълнение на политиките и законодателството, насочени към децата с увреждания”, финансиран от Оперативна програма „Добро управление”, съфинансирана от Европейския съюз чрез Европейския социален фонд.